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Your support keeps MCRC in our community to help kids.

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# MIDLAND CHILDREN'



# **MEET NATALIE!**



Natalie comes to the center with a diagnosis of Microcephaly. Her diagnosis has been linked to developmental delays, problems with movement and balance, and feeding problems. Natalie and her family were introduced to MCRC's Motor Mouth in February of 2019. Motor Mouth is a year-round, four-week parent education program led by a Physical Therapist (motor) and a Speech Language Pathologist (mouth). The hands-on parent class is used to teach motor skill development as well as feeding and speech/language skills from birth to 24 months. Natalie made wonderful progress in Motor Mouth and transitioned to one-on-one therapy sessions.



With little ones like Natalie, it's better to start therapy as early as possible in order to address developmental delays as quickly as possible. At first, Natalie could not sit or roll independently but with three months of physical therapy with Kristal, she experienced a big increase in her overall strength to do those movements.

Natalie also had difficulty transitioning to table foods and she wasn't able to drink from a straw. She began feeding therapy with Jennifer to address these challenges. Jennifer introduced Natalie to age appropriate foods and taught her how to drink through a straw.

Another goal Natalie had was feeding herself. Natalie struggled with hand-to"She rapidly progressed due to her hard work and her parents' diligence with home carry over." -Jennifer Austin, M.S., C.C.C., S.L.P.

mouth motions for self-feeding. Occupational Therapist Michelle worked with her on grasping and reaching.

Now Natalie shows more independence and can feed herself.

By the end of this past year, Natalie was sitting independently, playing with toys, drinking from a straw and feeding herself solid, age appropriate foods – and proud of her growing independence!

Natalie continues to see Kristal and Michelle. She consistently meets her goals due in part to her dedicated parents who work with her at home.

This girl is on the go and we are eagerly anticipating for her to crawl very soon!



cet with us



There are plenty of ways to join the MCRC family with little or no experience required. You can do one or all of the following suggestions to become an MCRC ambassador!

- Use Amazon Smile to support the center with every purchase
- Donate your "Facebook Birthday" to MCRC to get your friends involved, too!
- Donate everyday items like Lysol Wipes
- Share our posts & videos on Facebook & Instagram
- Become a monthly donor

## **Volunteer Opportunities**

**Hippotherapy Sidewalker** Monday - Thursday 8:30am - NOON

Therapeutic Riding Sidewalker Mondays & Wednesdays 1PM - 3PM

Child Care for "It Takes Two to Talk" Program

FRIDAYS 10:15AM - 11:45AM

Dance Group Instructors & Helpers
Tuesdays 5:30pm - 6:30pm

SIP Kid Care

THURSDAYS 10AM - 11AM

Visit www.MidlandChildrens.org for more ways to help and additional info about the center.

VISIT MIDLANDCHILDRENS.ORG FOR MCRC MISSION MOMENTS!



# teers and Stars

The 2020 Steers and Stars Ball was such a very special evening for Midland Children's Rehabilitation Center. The proceeds help ensure MCRC maintain its high quality of treatment and therapy programs for the precious children of our community at little or no cost to their family.

The evening of the 9th Biennial Ball - which is always a fun, yet elegant affair - started off with cocktails, followed by a seated dinner, auction, and ended with a live band and full dance floor. Many trophies and experiences were auctioned off to the highest bidder, including a getaway to Blackberry Farms, Patrick Mahomes signed jersey and helmet, and a pair of framed paintings created with the help of MCRC children.

MCRC is extremely fortunate to have such generous members of the community who financially support MCRC. As you know, Steers & Stars is a vital part of our fundraising efforts. We are honored by the support we saw at the event. With each paddle number called and every item sold, a child's future became a little more attainable. We're excited about the possibilities this year holds for the children as they receive therapy and reach for their dreams.

Of course, this night would not have been possible without the help of our wonderful underwriters including presenting star sponsor Concho Resources.

We're so grateful for your commitment to the children at MCRC. Your donations help not only the child but entire families and the whole community

STEERS & STARS PICTU



## **STEERS & STARS 2020 COMMITTER**



### THERAPY PROGRAM OVERVIEW

#### DYSLEXIA TUTORING

Tutors provide one on one support for children who are reading below grade level and are unable to keep up with school demands.

Tutors are specially trained using the Barton System for children and teenagers who struggle with spelling, reading, and writing due to dyslexia or a learning disability. MCRC offers testing, as needed, to determine if a child has a diagnosis of dyslexia

#### PHYSICAL THERAPY

Pediatric PT's work with children and their families in reaching the child's maximum potential to function independently at home, school, and in the community.

PT's work on: developmental activities; movement and mobility; motor learning; strengthening; balance and coordination; recreational play; equipment needs and assistive technology; tone management; posture and positioning; pain management; orthotics and prosthetics.

#### OCCUPATIONAL THERAPY

Pediatric OT's help children and their families become independent with everyday life skills.

OT's work on: developmental activities; fine motor and dexterity skills; hand-eye coordination; sensory integration; oral-motor skills; equipment/splinting; and upper extremity function.

#### **SPEECH** THERAPY

**Pediatric speech therapists** help children develop functional communication and feeding skills.

SLP's work on: articulation (how we speak); fluency (stuttering); resonance (voice pitch, volume and quality); oral feeding (difficulty eating, swallowing, and drooling) receptive language (trouble understanding); expressive language (trouble speaking); and pragmatic language (using language socially and appropriately).

#### HIPPOTHERAPY & THERAPEUTIC RIDING

Jses horses as a tool to impact mobility, balance, coordination, and speech to improve daily function.

Horses are used to motivate and challenge riders while working on therapy goals.

#### **AQUATIC THERAPY**

Uses the properties of water for relaxation, mobility, and strengthening.

Provides a fun, motivational, unique way to work on a child's therapy goals.

#### THERAPEUTIC DANCE & MOVEMENT THERAPY

ses dance and movement to help children stay realthy, active, while having fun participating in

Provides a social experience and allows children to showcase their talents and their interests.

# **FROM THE HEART** - Pee Wee Dalton's Boots Jack and Barbie Mousa started Pee Wee Dalton's Boots in 1983. About 15

years ago, MCRC approached the owners to ask about a donation for a "rodeo" event. Jack & Barbie didn't actually know what it was they were donating to but they stepped out in faith with what they felt was a 'blind donation, which consisted of a belt buckle and a few other little things.

It wasn't until afterwards that the store owners saw photos of the children doing therapy on horses. That's when they immediately understood the impact they could make. In that instance, Jack and Barbie pledged that they would donate those items to not just one child, but every child.

Pee Wee Dalton's Boots has provided boots for both the Trail & Riding show and Hippo Playday every year since. The children at MCRC are Jack & Barbie's inspiration to remain involved. They get excited when the kids come to the store for their boot-fittings and love every minute of interaction with the children.

They've given tens of hundreds of boots to children in the MCRC equine programs over the years. Jack and Barbie pledge that as long as Pee Wee Dalton's Boots is open, they will continue to equip and encourage children to do therapy on horseback.

