

MID-YEAR REVIEW



"One of the best things about working at MCRC, is seeing the progress that children make over time", said Kristal Kidd, M.P.T. Brittany Nelson is one of those kids. Having been a client at MCRC for over six years, her therapists have had the privilege of witnessing a tremendous amount of growth. Before attending MCRC, Brittany faced huge obstacles with strength and coordination. Ordinary tasks like writing her name or taking a step off of a curb were extremely difficult. The now 19-year-old has been transforming in front of many eyes.

MISSION MOMENT: BRITTANY NELSON

Through the introduction of occupational therapy, physical therapy, speech therapy, hippotherapy, and therapeutic riding, Brittany has gained new skills like dribbling a basketball for an extended period, the ability to jump off objects, move her body more efficiently, and using fine motor skills to engage her hands to rein her horse independently. For many years, Brittany found it difficult to socialize with her peers. Along with her growth within the programs, her therapists noted the changes they have seen in Brittany's social skills. The social butterfly can often be found offering a warm smile while visiting with those in the office and many take note. "Brittany has such a bright light and wonderful spirit," said her therapist Leigha Foote, M.O.T., O.T.R. Brittany's mom, Mindy shared that MCRC has always been a favorite place for Brittany, but she truly shines when she is on a horse. Having been in therapeutic riding for three years, she has formed a special bond with her horse Diego. When she began, Brittany had difficulty engaging both hands and mounting her horse from the ground. "He is a strong motivator for her. Brittany will go the extra mile while riding Diego and together, the two have made great progress," said Lead Therapeutic Riding Instructor Laura Buzbee. In her last session, Brittany was able to ride independently for 75% of the session. After therapy sessions are done for the day, the horses return to Crawford Barn; however, Brittany's concern for her horse does not end there. "Occasionally, we will ride our bikes to see Diego at the stables. He knows her voice and comes when she calls. It makes her heart happy," said Mindy. These therapy experiences were affected by social-distancing precautions taken during COVID-19.



"MCRC is truly a special place. Nothing compares. They have a genuine concern for the children and we wouldn't trade it for anything"- Mindy Nelson

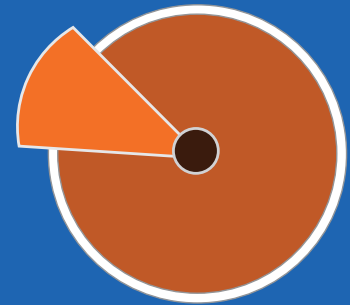
CONT. INSIDE...

VISIT MIDLANDCHILDRENS.ORG FOR
MCRC MISSION MOMENTS!

MEETING THE NEED

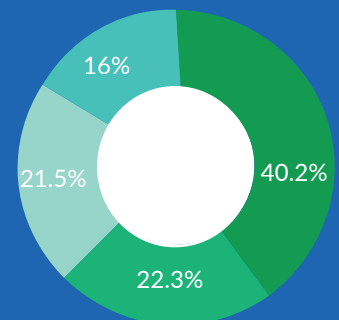
During COVID-19, we have been able to meet the needs of our clients, staff and government mandates while providing physical therapy, occupational therapy, speech therapy, dyslexia tutoring as well as meeting our operations obligations. Although we closed our doors March 16th, we have stayed connected with our families. Initially, the therapists began with personal phone calls and emails to their patients, guiding the families with activities and home exercise programs they could do at home to help their children. On April 6th, the therapists and dyslexia tutors began providing telehealth services. This allowed the therapists to see a child interact in their home environment and coach parents on therapeutic activities in their everyday setting. On May 4th, a small percentage of clients began entering the building to include those that desperately needed skilled hands-on care. 80% of clients have been able to continue with services. With new policies and procedures in place for screening of both clients and staff, as well as the development of guidelines for treating in clinic, our priority to maintain a safe environment remains a priority.

VISIT DEMOGRAPHICS



9.38% In-Clinic Visits
90.6% Tele-health Visits

VIRTUAL APPOINTMENT TYPES



● Occupational Therapy ● Speech Therapy
● Physical Therapy ● Dyslexia Tutoring

March 16th
Doors closed



March 16
Began
initial contact



April 6th
Telehealth
began



May 4th
Clients
re-entered
the building



CONT. FROM FRONT

Brittany's in-person therapy came to a halt and her progress could have easily as well; however, her therapists worked diligently to provide her resources through telehealth to continue making progress with her goals. Throughout the period of social distancing, Kristal and Leigha continued to work on her goals of jumping on one foot, using both hands for increased function, holding the crab position and independently exercising. Throughout telehealth visits, Brittany accomplished these goals. Her therapists credit this to the great support system she has in her parents. During the virtual sessions, her mom could be seen participating in exercises and cheering her on. "I love working with Brittany and her mother. They are wonderful examples of how positive gains are made when practice is completed at home," said Leigha. This May, Brittany celebrated her high school graduation. Her mom credits this milestone to the many skills she has gained while attending MCRC. We can't wait to see how Brittany blossoms in the years to come.

BRITTANY & DIEGO



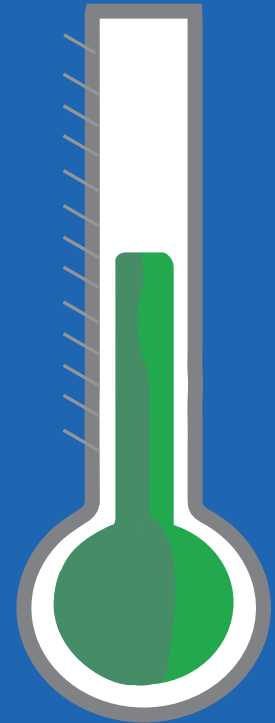
FINANCIAL POSITION

The 2020 operating budget is approximately \$2.6 million. During the first six months of the year, MCRC has received 45% of its projected income, which equates to approximately \$1.2 million. Just like many others in our community, we are being affected by the decrease in the price of oil as well as the current pandemic. However, despite everything that is going on around us, we see that the services offered by MCRC continue to be a need and blessing in the Permian Basin. Please consider making a charitable gift to MCRC to help us continue to make a huge impact on the lives of the children and families in our community. Thank you for helping us make MCRC what is today.

WE NEED YOUR HELP!

**MAKE A DIFFERENCE
IN A CHILD'S LIFE.
DONATE TODAY!**

\$2,579,337



**55.4% STILL
NEEDED.**

LEADERSHIP TRANSITION



After 19 years as Executive Director, Brooke Mueller has retired. In May we celebrated the commencement of Brooke's role as E.D. Brooke has been instrumental in the growth of the center and impacted countless children and families. We are excited that she will continue with MCRC as a physical therapist. As we celebrate the legacy that Brooke has left, we also welcome Kristal Kidd, M.P.T. into the role. As a physical therapist herself, Kristal fully understands the benefit of the services MCRC offers. Kristal was our previous Assistant E.D. and has been a member of the MCRC family for 17 years. We are eager to see how the organization grows under her leadership.

FROM THE HEART



These members are: center: Dr. John Dean (MCRC Medical Director), top row: Dr. Barbara Wood, Dr. Jessie Dickens, bottom row: Dr. Frank McGehee, Gary Gray

The Medical Advisory Board is comprised of interested community leaders who are medical doctors or work in the medical field and have an interest in the mission of the Midland Children's Rehabilitation Center. In a typical year, they meet twice a year. During COVID-19, we have communicated with our Medical Advisory Board on a weekly basis. They help guide us with decision making regarding best medical practice procedures, review latest information from the CDC and Midland Memorial Hospital, and stay in touch with the Governor's announcements for re-opening. Their support has ensured the safety of our staff, patients and families. We are so grateful for their expertise and service, especially during this time. At MCRC, we have our clients' best interest at heart and we believe these individuals do as well. They have a combined total of 96 years of practice. Their specialities include interventional pain management, orthopedics, physical therapy, and pediatric healthcare.

Midland
CHILDREN'S
rehabilitation center

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TAKE THE MONEY &
RUN!

Midland Children's Rehabilitation Center

WAYS TO GIVE

- Choose Midland Children's Rehabilitation Center at Smile.Amazon.com to donate a percentage of your purchase.
- Donate your birthday on Facebook to MCRC and get your friends involved!
- Consider becoming a monthly donor! The donation form is on our website!

EVENT UPDATE

Take the Money and Run is a favorite amongst our donors. This year has presented challenging obstacles. Out of an abundance of caution, we have delayed the announcement of our event. A decision will be made within the next month about how the event will look. Stay tuned for more information. We hope to enjoy events like these with you soon!

Visit www.midlandchildrens.org for more ways to connect and additional info about the center.