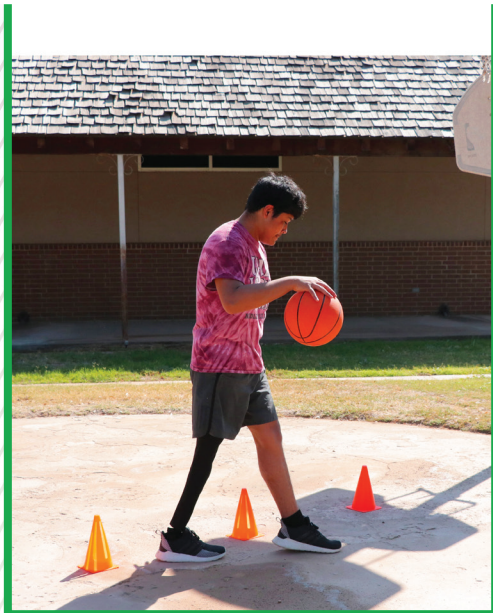




"His accident taught us a lot. Every second has become a little more precious," said Stephanie Hinojos as she reflected on her son's accident. Only a year ago, Josh Ramirez was hit by a reckless driver as he was walking near his high school. The sophomore was left pinned between a car and a cinderblock fence. This resulted in the fracture of his pelvis, and multiple areas of his knee. After 7 surgeries to save his leg, the tragic accident resulted in amputation. Josh was fitted for a prosthetic at Scottish Rite hospital and began his therapy journey at MCRC only a month later in November of 2019.

With the assistance of therapy sessions, Josh has begun to navigate his new life. If you have a chance to visit with him, you might hear him say, "I have two perfectly good legs." This positive outlook has allowed Josh to achieve goals that once seemed far out of reach. Watching him now, you might never know the extent of his journey. After months of hard work in physical therapy, the young man that once used a walker or crutches to move around the building can now be seen running. COVID-19 didn't stop this journey, as Josh's therapists worked diligently to create at-home exercise plans and activities to continue his progress and level of comfortability with his prosthetic. "We began working towards his goal of running during telehealth. I asked him to set up a pillow obstacle course in his living room. This activity ultimately led to him taking larger steps, then jumping, and now running. I am so proud of the progress he has made," said his physical therapist Kelsey McDonald, DPT. Josh has faced many obstacles since the accident. One of them being the initial loss of his extracurriculars. Before beginning treatment, the once star athlete had come to terms with never playing basketball again; however, Kelsey pushed him to dream bigger. "MCRC has made a difference not only in his mobility, but also in his self-confidence," said Stephanie. Like any teen, Josh is sometimes reluctant to come to therapy. To motivate him, his therapists incorporated his driving passion of basketball. As Josh prepares to enter his senior year, he and Kelsey are working diligently to ensure that he is ready for next year's basketball tryouts. This is just one of many goals that the self-motivated teen has set for himself. After graduation, Josh hopes to attend Texas Tech University where he plans to pursue a career as a physical therapist or to work at a children's hospital as a prosthetist. Josh said he enjoys coming to MCRC, because it helps him make progress towards his dreams.

MISSION MOMENT: JOSHUA RAMIREZ



"Each week I have the privilege of watching him get better. As he masters a new skill, I see the confidence and light return to his eyes," said Kelsey, DPT.

CONT. INSIDE...

VISIT MIDLANDCHILDRENS.ORG FOR
MCRC MISSION MOMENTS!

AROUND THE CENTER



Our Unlimited Dance Co. started back! Classes are being held virtually on Tuesday nights. Students are learning routines for the Winter recital.



Therapists have enjoyed seeing patients during hippotherapy again. Patients are being seen three times a week.

National Physical Therapy Month



Pictured left to right: Kristal Kidd, Kathleen Sparks, Jami Romero, Kelsey McDonald, and Brooke Mueller. The team has 89 years of combined service.

“When kids discover something new like sitting, crawling, walking, or other forms of independent mobility it opens up a whole new world of possibilities for them and that is very exciting to be a part of.”
 -Jami Romero, M.P.T.
 Director of Therapy Services

Down Syndrome Awareness Month

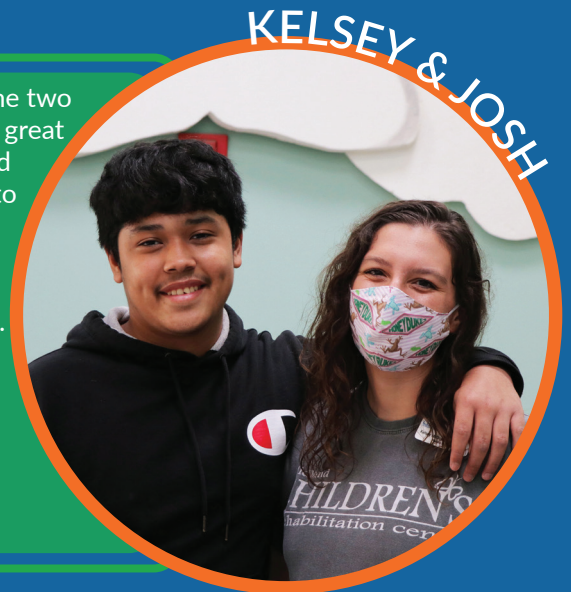


In October we celebrated Down Syndrome Awareness Month. This month was dedicated to honoring the individuals in our lives who have been diagnosed and the qualities that make them so special. Our staff proudly wore blue to celebrate!

After just once glance, it is easy to see the bond between Josh and Kelsey. The two challenge each other on and off the court. Kelsey noted that Josh serves as a great reminder for why she became a physical therapist. Like Josh, she also suffered an injury that affected her high school athletic experience. The two are able to discuss not only the physical aspect of his journey, but also the emotional.

Josh also recently started therapeutic riding at the center. In his sessions, he is working on core strengthening and working through movement challenges. “Although initially reluctant, he has really enjoyed his sessions,” said Lead Equine Director Laura Buzbee.

“MCRC gives me hope. Without this service, I don’t know where we’d be. Coming here has helped him live differently every day and without MCRC, I wouldn’t be able to afford this kind of therapy,” said Stephanie.



FROM THE COMMUNITY



Midland Pop Spot
Spring Show



So. Bell & Co. Fall
Marketplace

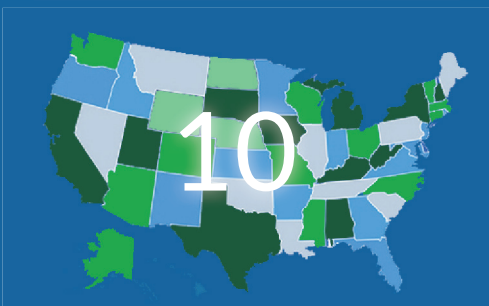


Midland Pop Spot designated MCRC to receive a portion of proceeds from their spring show! Each show provides an elevated retail experience to feature specialty brands and fine trunk shows. The fun event is always treasured by the community, and the owners Stacy Grosse and Claire Ramirez are continued supporters of our mission!

The annual So. Bell & Co Fall Marketplace was a big hit! Located near Crawford's Barn, the event is a hidden gem of Midland. With over 30 vendors, there was something for everyone. This year, MCRC was a beneficiary of the event and our horses enjoyed meeting so many friendly faces. We are so grateful for Brandy Bell and the many vendors who supported MCRC!

FINANCIAL UPDATE

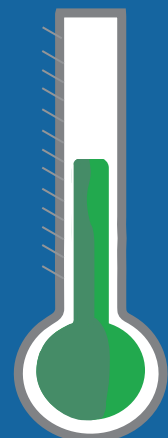
PERMIAN BASIN
GIVES



This community wide fundraiser far-exceeded our expectations. With the cancellation of events, and the impact of COVID-19, this campaign was crucial. Thanks to a generous donor, each donation was matched up to \$30,000! We are proud to report that we met our goal! Thank you for supporting MCRC in such a big way. Your support means so much to the children and families we serve. During the campaign we received donations from 10 states. The love for MCRC stretches far and wide. In July, we reported that we still needed 55.4% of our total budget. To meet our year-end goal, we still need to raise 42%. Your support is so greatly appreciated!

WE STILL NEED
YOUR HELP!

\$2,579,337



42% STILL NEEDED.

Midland
CHILDREN'S
rehabilitation center

802 Ventura Ave
Midland, TX 79705

Phone: 432.498.2053
Fax: 432.682.4478
www.MidlandChildrens.org

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COMING SPRING OF 2021!

*Be on the lookout for a Save the
Date!*

We are so excited to share details about next year's event. For more information or underwriting inquiries contact Cecelia at cgoebel@midlandchildrens.org.

Visit www.midlandchildrens.org for more ways to connect and additional info about the center.